



Watching love ones suffers from untreated addiction or mental health issues, and not being able to do anything about it can be one of the most painful and heart-wrenching experiences for a parent or family member. No one can stop or manage an actively addicted person from using drugs, alcohol or negative behaviors. Families can access professional help and direction by reaching out to a specialist that understands the complexities of addictions, mental health and provide professional help for families.

First Call/Conference Call (30 minutes free consultation) Taking that first step to making the first call to reach out for professional help, can be a difficult step to take. The first call usually comes from a concerned family member or friend, requesting information pertaining to concerns for their love one's addiction or mental health diagnoses to learn the process of professional intervention services.

Telephone Consultation: Developing a thorough brief investigation into the history of the family/client's problems, helps the interventionist understand the current situation and history. It's important to gather information on the dynamics of the family system and their personal struggles in your family with the addicted person.

At CanAm Interventions, our team is here to help navigate and provide guidance and direction, to best answers your questions. We assess each case differently, gathering information on the identified patient and family, to formulate a treatment plan, to meet their needs. This is done with the highest level of ethics and confidentially from Certified Intervention Professionals.

A traditional intervention assessment will be included in the package upon request, along with a contractual agreement. With the information gathered in this brief assessment, we can begin formulating a list of intervention options and best treatment resources available for the affected person/family. Each patient has a unique set of emotional and mental health issues that are best assessed prior to making a

referral to a specific treatment program, with an end goal of making the placement into the best rehabilitation facility.

Intervention Preparation: This step involves supporting and working with the family in order to prepare the intervention team group, review the steps and process and preparation meetings. The intervention team needs to put its trust in the interventionist. Rather, it is designed for the family to share their concerns and ask their addicted person to get help.

- Family, friends or employers has been affected by the patient's behaviors. Interventions are not therapy; this is a time to accept professional direction.
- Education information is provided, to the family including process groups, to gather information, to help formalize intervention treatment plans.
- All two preplanned intervention meetings will be focused on preparing the intervention team, to be fully prepared on intervention day.
- Each group member will be prepared with two letters, supported and directed by the interventionist. The key component for the intervention team is to express the truth in a loving way, with help from an interventionist.
- If the intervention is a surprise intervention approach, a mock intervention meeting will be held before the intervention meeting, reading letters, setting up treatment, transportation, and last-minute details.
- in order to ensure that everyone is fully prepared, transportation needs to be arranged, to assist the patient to the selected treatment program.

Treatment Placement: We coordinate treatment referrals and placements for addictions and complex mental health issues. CanAm Interventions does not work for any treatment program. We support families and clients to find the best treatment placement that meets the client's needs.

Intervention Meeting: The intervention session will include the untreated person and the intervention team. The persons attending the intervention meeting been carefully selected during the pre-intervention meetings. The intervention meeting is facilitated by either a surprise or an invitational approach.

Intervention Aftercare Services: There is a post-intervention review and follow up for 10 -45 days, involving client care at the treatment program and family consultation with family members.

Family Case Management: CanAm Interventions provide case management and strongly suggested for 1 to 12 months of aftercare services. We will make the appropriate referrals, using other professionals to best support the family's needs. It is very important all family members gain professional support to start their own healing and recovery. It is extremely important for families to change their old ways of responding to their love ones. Addiction is a life and death matter, for everyone to start making different choices and decisions, everyone needs to make changes.

Intervention Outcome: The outcome of interventions can always be different for each family invention. If the patient refuses treatment on the day of the intervention, it is not a failure, it is an emotional letdown. The intervention statistics states 85% of patients make the decision to accept treatment on the day of the intervention meeting and 15% accept treatment within two weeks of the intervention. This will only happen, if family or friends, follow through on second letters.